



Overlook:

- 1) Seminar: "Russian Healing Knowledge" - **Basic** (based on the doctrine of Grigori Grabovoi®)
 - 2) Seminar: "Russian Healing Knowledge" – **Advanced** (more in-depth and more variety of the methods)
 - 3) Seminar: "Russian Healing Knowledge" - **Practice** (Knowledge from the practice of the Speaker/s)
 - 4) Seminar: "**Business**" - Economic and personal success, using Grabovoi® Number Sequences and Beyond
 - 5) Workshop: "**Methodology of Healing**" - (Teaching, Learning and Learning by Doing with Svetlana)
 - 6) Workshop: "**Follow Your Calling**" - Finding and Following Your Personal Mission in Life
 - 7) Workshop: **Beyond "Russian Healing"** - an Overlook on Various Mental Techniques including "life angel"
 - 8) Workshop: „**Healthy and Wealthy with Numbers**“ - Effective Action with Various Numeral Methods
 - 9) Workshop: „**Extrasense**“ - Development of Individual Extrasensitivity, Clairvoyance and Intuition
 - 10) **Individual(s)** Talks/Coaching with Svetlana or Alexander - Only You - only Your Topics!
 - 11) **Backgrounds** of Svetlana Smirnova and Alexander Teetz – Who/Why/How...
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Seminars in the English language:

Svetlana will be translated by Alexander (German > English). Alexander will speak in English or they can be translated (German or English > Your Local Language)

Details:

- 1) Seminar: "Russian Healing Knowledge" – **Basic** (based on the doctrine of Grigori Grabovoi®)

In this basic seminar you will learn the **fundamental ideas** of the Grabovoi teaching as well as some **basic methods**. The not always easy to understand content of his ideas are clearly explained. After this seminar, you will already be able to virtually apply the various methods presented, to yourselves and others. The participants of the seminar are given an introduction (**2-day Seminar: Basic and Advanced** Introduction) of the person and of the teaching method of Grigori Grabovoi® about "Common Rescue and Harmonious Development ...". Topic: "Control of Reality through the Soul, the Mind and Consciousness." Both, methods with geometric shapes, as well as number sequences are given as practical knowledge for independent work.

In this seminar, we will **learn how each person can basically heal himself** from serious illnesses and how to generally control events of his experienced reality. The findings often go beyond the "normally detectable" and finally allow us to be re-creators of our own reality. Sometimes subjects (patients, clients) report from personal experience about rapid regeneration and/or full recovery. Extensive practical knowledge for independent work with yourself but also for others, will be conveyed. The seminar is **particularly suitable for those who want to get a first or further insight** (2-day seminar: deeper insight) in these important skills. Duration: 1-day (Basic) or 2-days (Advanced Basics), each about 6 hours.



2) Seminar: "Russian Healing Knowledge" – **Advanced** (with elements of the doctrine of Grigori Grabovoi®)

In this advanced seminar you will get **expanded and more in-depth knowledge** of Russian Healing Knowledge and Control Of Reality from the practice of Svetlana Smirnova and/or Alexander Teetz of SVET®-Center, Hamburg. Building on the basics more methods and content for **successful practical work for self-help** and/or others will be presented and practiced to a certain extent. The seminar is especially suitable for those who want to further **deepen or update their knowledge** of these important skills, again. (Basic knowledge provided).

3) Seminar: "Russian Healing Knowledge" - **Practice** - with Svetlana Smirnova

Originating from a family of doctors, the neurologist from Omsk, Siberia is known for her extensive knowledge of mental and spiritual healing methods. Svetlana now lives in Germany and has enabled many people in international seminars and conversations to major successes of self-healing. Her **expertise relates**

both from Russian, shamanic or traditional healing methods as well as from the latest developments in "modern" medicine. This course allows affected subjects, or generally interested people – besides from an overview of different technologies - **the possibility to clarify specific issues for mental (self-) healing** and a generally healthy lifestyle. Svetlana's personality is also shaped by her ability to deeply "look inside" people and to communicate her knowledge in a spontaneous way - **loving and with humor**.

4) Seminar: "**Business**" - Economic and personal success, using number sequences - with Alexander Teetz

The term "business", in Russia and Internationally, is used not only for the purely economic success. It is also **about the universal mission of man's responsibility, economically and ecologically** - to act sustainably! To build and develop a business and economic success with ethically "clean" technology, conserving resources at the same time. Grigori Grabovoi® has developed a comprehensive work of **number sequences for the harmonization of a business, which has been extended by Alexander Teetz**, long term foreign trader and Grabovoi lecturer, with its own intelligence.

This seminar is designed specifically **for people who want to build a sustainable and ethically mature "business" or who want to direct their profession in a more harmonious way**, in the sense of "general rescue and harmonious development", in order to obtain a satisfactory self-esteem out of the special responsibility of man.

5) Workshop: "**Methodology of Healing**" - with Svetlana Smirnova

The motto of the workshop: "**Don't just read it. Take action!**". Because "everyone is - in every human being there is - a healer!" (S.S./A.T.)

The methods given in the workshop **can be used for personal health and a long, happy fulfilling life**. At the same time, there are methods or "recipes" for the recovery of the energy structure of human beings as well as **techniques of mental "self regulation"**.

For those who want to regain health or support relatives and friends. Learn how to harmonize your inner world or learn to support loved ones (with disharmonies such as illness, pain, etc.). You will receive techniques to help and self-help when an illness occurs. In addition, opportunities to correct your own energetic-informational spaces, events and energy flow. All content results from the practice of an experienced physician (neurologist) of both directions - traditional medicine as well as alternative medicine (complementary medicine). (At least) one clear advantage – the "bigger picture" – outside the box!



6) Workshop: **“Follow Your Calling”** - Finding and following your personal mission in life

([http://www.amazon.com/Follow-Your-Calling-Living-](http://www.amazon.com/Follow-Your-Calling-Living-Dream/dp/3942791064/ref=sr_1_2?s=books&ie=UTF8&qid=1425590351&sr=1-2&keywords=follow+your+calling)

[Dream/dp/3942791064/ref=sr_1_2?s=books&ie=UTF8&qid=1425590351&sr=1-2&keywords=follow+your+calling](http://www.amazon.com/Follow-Your-Calling-Living-Dream/dp/3942791064/ref=sr_1_2?s=books&ie=UTF8&qid=1425590351&sr=1-2&keywords=follow+your+calling))

"life angel" Alex. provides you with **tools and professional support** for you to get a hold of yourself and - **independent and free from others – Discover your personal qualities and strengths**, fix and formulate for yourself: Who am I, what do I really want - and why? Then it is about these identified qualities and how to successfully and harmoniously integrate them into your life for **a new quality of life to experience**. Goals in life and a life plan can be formulated. The workshop is divided into two parts, in two days. You work, **Alex. will accompany, motivate and guide you**

Alexander Teetz was successfully active in various positions in economy for many years but in the mid-90s he chose the path as a Life Coach. People and the **vision of a peaceful, relaxed and well-educated life** in a world of **personal freedom and high quality of life** are what actually really interested him. His mission is to humorously educate people with a knowledge that allows them to **make the best out-of themselves** - in their interest – **from "farm animals to free thinkers"!**

7) Workshop: **Beyond "Russian Healing"** - (an overlook on Russian and “Western” harmonization methods)

"All roads lead to Rome ..." This **entry-level workshop** offers you - beyond the aspect of "Russian healing knowledge" (for which we are generally known) - **an insight into various doctrines, methods and philosophies of well known "Healers" "Motivational Speakers" or other spiritual role models** such as Deepak Chopra, Grigori Grabovoi, Frank Kinslow, Arcady Petrov, Eckhart Tolle, Joao de Deus etc. Goal is the **synthesis of the connecting elements, enabling seminar participants to form their individual logic** from the information provided and to use it for their own sake and - if applicable - to pursue individual directions in detail. In addition, Alexander Teetz will provide you with **his very own techniques**, formed out of many years of experience and practical knowledge - the "life angel® method" - which is easy to understand and to implement. The workshop is suitable for "advanced" individuals as well as people who want to get a first overview of different personalities, their "philosophy" and methods - and then want to come to their own solutions.

8) Workshop: **„Healthy and Wealthy with Numbers“**- Effective Action with Various Numeral Methods

In this workshop different methods of work with figures for maintaining health, for diagnosis or for the harmonization of events will be presented. In addition to a comprehensive overview of methods of working with a variety of combinations of numbers of Russian Number Creator Grigori Grabovoi® (for diagnoses, organs, stones, plants, dogs, cats, other animals, stars, or food) and other effective, traditional methods of working with figures from various traditional ways of thinking and ways of working will be treated.

9) Workshop: **„Extrasense“** - Development of Individual Extrasensitivity, Clairvoyance and Intuition

This seminar will enable you to activate and use your intuitive vision ("Inner Vision") to learn more about people than you can see with your eyes alone. Increase your extra sensitivity = perception on another, "higher" level, your discernment and - in many cases - even your real vision. Better cope with everyday life. Learn to perceive directly on the information level. Experience and develop the ability of your individual, extrasensory perception!



10) Individual(s) Talks/Coaching with Svetlana or Alexander - Only You - only Your Topics!

- Personal (mental) health-coaching: "Act Healthy - Think Healthy - Be Healthy".
- Individual Clearings for the Journey of Life, the Soul, Diseases or Relationships
- Sustainable, holistic Occupational Guidance or Management Consultancy:
- What can / should I do? What do I really want? What happens next?
- "Walk and Talk" - individual topics, individual coaching (day-coaching)
- (as part of a walk or a city tour, shopping tour etc., after consultation/clients-desire).

For scheduling, content, fees or other matters please contact your local seminar host or info@lifeangel.de

You want to host/organize/arrange a seminar in your town/company/social circle?: info@lifeangel.de

11) Backgrounds of Svetlana Smirnova and Alexander Teetz – Who/Why/How...

Svetlana Smirnova, Omsk

Neurologist (German/Russian), Medical degree followed by ten years of professional experience in Russia and subsequent profound experience in the accompaniment of direct and long distance healing processes in Hamburg and worldwide.

Head of the SVET®-Centre ("light-center") Hamburg, expert in various Russian teachings. Probably the **most experienced representative of the doctrine of Grigori Grabovoi®** - with comprehensive, international seminar experience since 2007. She is the expert and direct contact with the source of various Russian and other healers and spiritual leaders.

Svetlana has **developed her own, loving and sustainable "soul based" method** from many years of practical experience, passing it on in her seminars, since 2009 – many of them in cooperation with Alexander Teetz.



Alexander Teetz, Hamburg



"life angel®" (German/English), independent **Life Coach**, Grabovoi® experienced lecturer and long-term freelancer with the SVET®-Centre. He is the Seminar translator (English) and Co-lecturer with Svetlana Smirnova, lecturer, **trainer and consultant** in the public and private youth- and adult education on "job application" and **"profession as a vocation"** since 1998. At times, he was in the Hamburg-Staff of Art Reade (**"Clearing & Healing"**) and he is an expert on various other "Western" spiritual teachings.

Alex. has been working with Svetlana and the SVET®-center since 2008, given many seminars worldwide, together with Svetlana. He is especially interested in the connecting elements of different spiritual teachings and preferably engaged in preventive work with (still) healthy people: **"Think Healthy – Act Healthy - Be Healthy!"** (A.T.)

